



Meet Curi's Peer Consultants

Curi's Clinician Peer Consult Program connects clinicians facing an unexpected outcome, claim, or lawsuit with a peer consultant. The consultant is a peer who simply listens to their concerns, helps them navigate the anxieties of the process, and connects them with other resources.



Janice Beauduy MD, MS **Board Certified Family Physician**

Dr. Beauduy earned an MD from the University of Minnesota Medical School in 1984. Following this, she completed a residency at Saginaw Cooperative Hospitals in Saginaw, MI, in 1987. In 1991, Dr. Beauduy obtained a Master's Degree in Community Counseling and became a licensed psychologist.

Throughout her career, Dr. Beauduy practiced in various locations, including Minocqua, WI, New Ulm, MN, Grand Rapids, MN, and Maple Grove, MN. With a strong focus on mental health, she dedicated her career to Family Practice, emphasizing the psychological well-being of her patients. For the last decade of her practice, Dr. Beauduy specialized in providing psychotherapy, particularly focusing on trauma-informed care.

In addition to her medical practice, Dr. Beauduy is a dedicated yoga student and instructor. She finds great fulfillment in incorporating the mindful, holistic principles of yoga into her role as a peer consultant.

Why do you serve as a peer consultant? Why do you feel this program is important?

I believe that unexpected outcomes can negatively impact a healthcare provider's quality of life and professional satisfaction. Most providers benefit from talking with a colleague confidentially about the mental and emotional stress that arises from these unexpected outcomes.

Unexpected outcomes and litigation can create a sense of isolation and may bring up negative thoughts and emotions. My goal is to help providers improve resiliency and feel supported by a colleague who has had similar experiences. It is an honor to work with people who are committed to caring for their patients amid these additional stressors.

What do you want all your Clinician Peer Consult Program contacts to know about you?

Although I have not gone through a trial, I have been named in a lawsuit and have been deposed. I have been working with this program since 2014.



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Luisa Todd MD

Dr. Todd is an emergency medicine physician with a medical degree from Tulane University (2003-2007) and an Emergency Medicine Residency at the University of Utah (2007-2010). Since 2010, she has been practicing with Utah Emergency Medicine Physicians, serving multiple community emergency departments in Salt Lake City, including Intermountain Medical Center and LDS Hospital.

Why do you serve as a peer consultant? Why do you feel this program is important?

I have personal experience with the Curi Peer Consult Program. Several years ago, I went through a lengthy malpractice lawsuit and was provided with a clinician peer consultant. The support was very much appreciated and helped me navigate the unknown territory of a lawsuit. Through that process, I was fortunate to be brought on as a Curi peer consultant.

What do you want all your Clinician Peer Consult Program contacts to know about you?

I have been in your shoes, and I am here to listen and help in any way I can.



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Bob VandePol, LMSW

Mr. VandePol's career includes roles as a private practice behavioral health therapist and in executive positions, where he applied his expertise to support individuals and teams. He directed an Employee Assistance Program and served as President of Crisis Care Network (now R3 Continuum), helping grow it into the world's largest Critical Incident Response provider.

In addition to being a keynote speaker and published author, Mr. VandePol managed CCN's Command Center after 9/11 and led teams in response to major events like the Boston Marathon bombing, the Sandy Hook and Las Vegas shootings, and other high-profile tragedies. He has also developed resilience programs with healthcare, law enforcement, and fire safety organizations.

Now an independent contractor, Mr. VandePol specializes in crisis leadership, organizational resilience, and crisis response consulting, training, and delivery. He frequently advises businesses, universities, schools, and churches on leadership and recovery following crises and provides coaching for executives and support for physicians following adverse outcomes.

Why do you serve as a peer consultant? Why do you feel this program is important?

I consider it both a tremendous honor and responsibility to be there for people on the worst days of their lives. When that consultation is provided to another professional caregiver, any positive impact is multiplied. Also, as the recipient of healthcare, I want my family and myself to receive care from clinicians who are at their best, undistracted by their unique occupational stressors. I am invested in their success!

What do you want all your Clinician Peer Consult Program contacts to know about you?

Whereas I provide executive coaching, I have found distinct differences when providing that service to executives in crisis. I find that area of specialization to be very helpful in this work.



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Loie Lenarz, MD

Lois (Loie) Lenarz, is a physician, educator, and facilitator who works with individuals and teams to help them develop their capacity to maintain resilience and passion in their work. She has over 35 years of experience working with clinicians and educators, helping them to identify the values, purpose, and calling that bring them to their work. In her work, she seeks to create an environment that helps individuals and teams build their capacity to explore their intellectual and emotional learning edges.

Loie lives in Golden Valley, Minnesota with her husband, where they raised their three children. She loves to garden, sing, spend time in the outdoors, and enjoy the company of family and friends.

Why do you serve as a peer consultant? Why do you feel this program is important?

Anyone who cares for patients will eventually be involved in situations where they cannot meet the needs of the patient. This might be due to an unexpected outcome for which there was no possible way to intervene, or to other circumstances beyond one's control. It also might be due to a mistake one made. No matter what the cause, most of us have some sense of regret or guilt in these situations and may question whether we are competent. Though not universal, these feelings are remarkably common. I serve as a peer consultant to help my colleagues navigate such times more readily.

What do you want all your Clinician Peer Consult Program contacts to know about you?

Though I have never personally had a case go to trial, I have been named in lawsuits and have been involved in cases where the outcome for the patient was neither expected nor desirable. In some of these cases, I made a mistake. I hope to lessen the burden my colleagues bear from these experiences.



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Steven Kern, MD FACS

Steven Kern, MD FACS was born in Iowa and grew up in Colorado, Eastern Africa, and Minnesota. He went to Creighton University for college and medical school and completed his surgical residency at the University of Kansas. He is in his 25th year of practicing general surgery in the Minneapolis area.

His practice is split between elective general surgery and acute care/emergency general surgery, and he has had multiple administrative roles over the years as Chief of Peer Review, Chief of Surgery, and Chief of Staff. He is the medical director and chairman of an ambulatory surgery center in Maple Grove, MN.

Every once in a while, he does an endurance sporting event to practice hard things. In his spare time, he enjoys time with his family, playing the guitar, and folding paper/origami.

Why do you serve as a peer consultant? Why do you feel this program is important?

I began working with Curi's clinician peer consult program in 2020 when asked by one of the claims attorneys to do so. I have particularly enjoyed my work as an expert for the defense in medical malpractice cases. I am deeply grateful for good attorneys as I believe them to be a part of the thin line keeping civilization from savagery.

What do you want all your Clinician Peer Consult Program contacts to know about you?

Physicians trained in the language of caregiving are unaccustomed to the confrontational language of law and suffer because of that. I hope to alleviate some of that emotional stress.